

# Smart Pneumatic Resistance Training System



## KEY PRODUCT FACTS

COMPUTERIZED TRAINING AND OPERATION

CLOSE TO ZERO STARTING LOAD

100G AND 1KG INCREMENTS

AUTOMATIC RESISTANCE INCREASE

SAFE NATURAL MOVEMENT

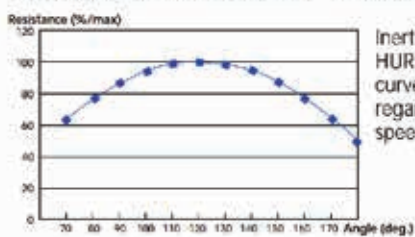
AIR RESISTANCE



## PNEUMATIC RESISTANCE

HUR resistance is designed to accommodate the fact that everybody is not the same. HUR's more consistent load or resistance profile reduces stress on joints and connective tissues. Start from close to zero load and increase by as little as 100g or 1kg!

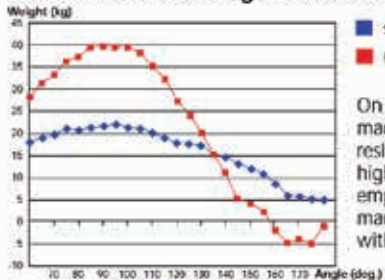
### HUR Natural Transmission "resistance curve"



Inertial forces do not affect the HUR equipment resistance curve, which stays constant regardless of the movement speed.



### Resistance curve using standard weight stack machine

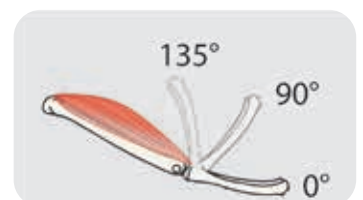


On standard weight stack machines, inertial forces distort resistance curves, especially at high speeds. Even when employing cams, weight stack machines only operate properly with slow controlled movements.

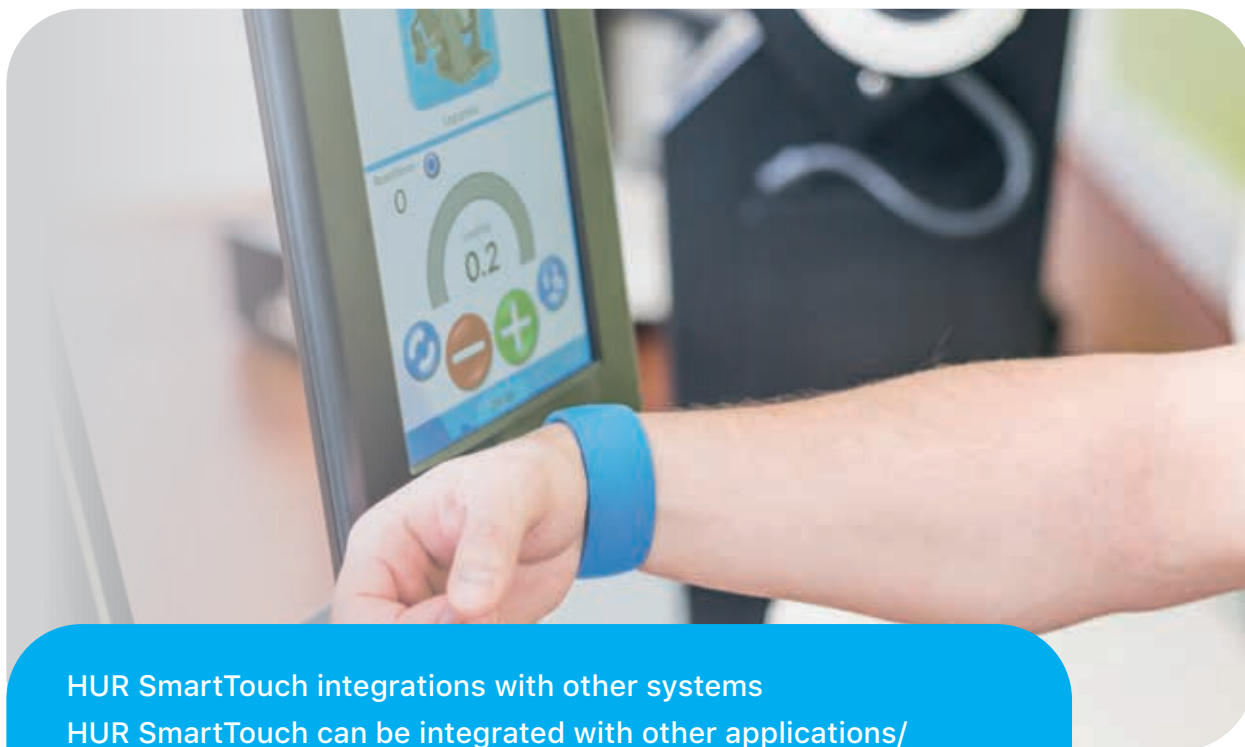
## THE ADVANTAGES

- Comfortable and virtually silent
- With range limiters, making rehabilitation safe
- Work muscles in both concentric and eccentric phases
- Many machines also equip with measurement and training of isometric strength
- HUR Medical Concept with training program

All HUR machines work muscles in both concentric and eccentric phases.



# HUR SmartTouch



## HUR SmartTouch integrations with other systems

HUR SmartTouch can be integrated with other applications/ programs using Web Services or by using an integration engine for the HL7 interface. These solutions enable importing of clients/ patients into HUR Smart-Touch or exporting them to other applications. Also the training information can be exported. A local integration partner is needed to build the custom integration.

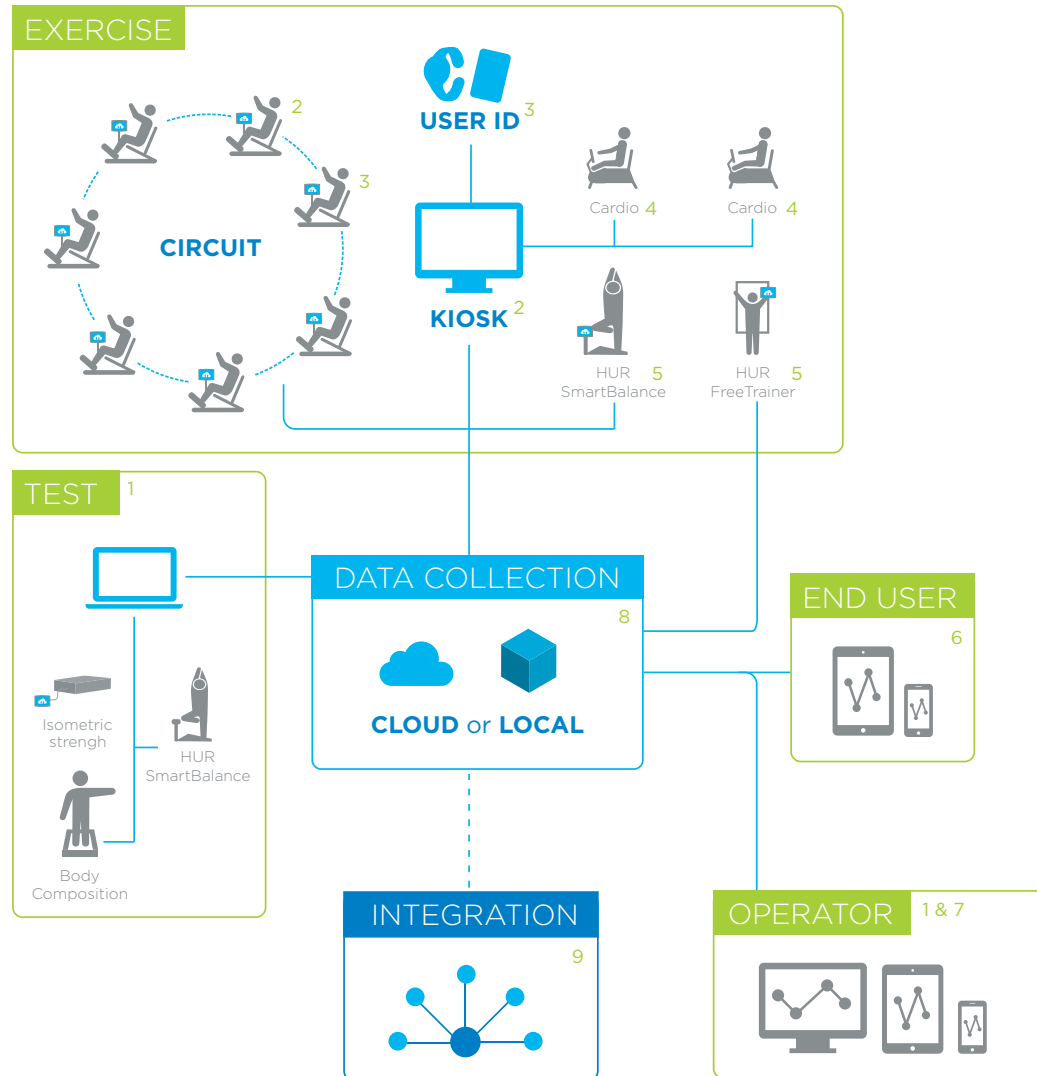
A combination of scientific exercise equipment and an intelligent exercise system that represent the smartest, most comprehensive exercise solution For Lifelong Strength - **providing a holistic, motivating and evidence-based training and rehabilitation experience for the customer, and a perfect automated management tool for clinic and gym owners.**

## THE SYSTEM INCLUDES THE FOLLOWING:

- HUR Strength training and testing equipment
- HUR Balance testing and training equipment
- HUR Pulley Functional training
- HUR FreeTrainer with registration of equipment-free exercises
- Compatible with selected cardio equipment and other third-party solutions
- Possibility to integrate with other systems
- Operating software
- Automated benchmarking and reporting capabilities
- Optional online training and rehabilitation protocols
- Remote viewing to track utilization and efficiency



# HUR SmartTouch



1. Make a training programme for your client. If desired, balance and isometric strength tests can be performed to evaluate the initial fitness level of the user. The testing equipment is a part of the HUR SmartTouch system.
2. Your customer starts exercising by logging in at the Kiosk or by going directly to the first HUR SmartTouch exercise device. In HUR circuit, rotation proceeds in a precise order, which results in less queuing for machines.
3. When the customer shows their USER ID to a HUR strength training machine, the lever arms, seat, load and repetitions set up automatically.
4. The HUR SmartTouch system also includes cardio workouts.
5. With HUR FreeTrainer, equipment-free exercises can be added to the training programme.
6. Your customer can follow their progress online in their HUR SmartTouch end user profile.
7. HUR SmartTouch provides the metrics to track your clients' exercise performance, their progress, use of equipment and the status of your facility (facilities).
8. The HUR SmartTouch installation can be cloud-based or connected to a local server.
9. HUR SmartTouch can be integrated with other applications/programs using Web Services or by using an integration engine for the HL7 interface.

# HUR Medical Concepts

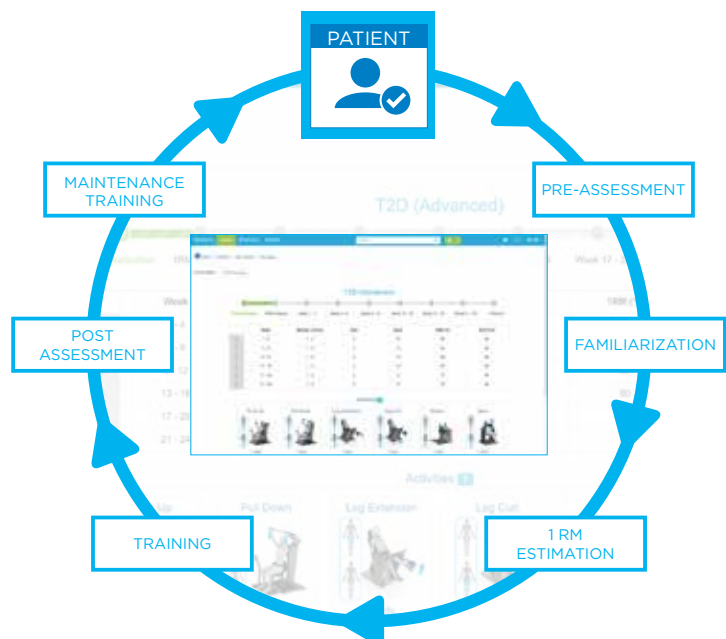


For effective exercise outcomes in preventive exercise, disease management and rehabilitation.

The HUR Medical Concepts are an integrated part of the HUR SmartTouch software. The ready to use process, templates, questionnaires and training programmes, which are all a part of the HUR Medical Concepts, secure effective outcomes and save time for professionals by erasing mundane tasks.

## BENEFITS

- Evidence-based concepts for sound exercise outcomes
- Sound exercise outcomes enhance the client's quality of life
- Sound exercise outcomes improve the reputation and brand value of the facility
- Automation eliminates mundane tasks and saves time for professionals
- Safe science-based solution makes professionals feel secure
- Comprehensive easy-to-use solution with testing and training makes the work of the professionals easier and provides a smoother training experience for clients
- Automated solution enables group instruction, which saves time and improves profitability per client





# HUR Multifunction

A Space-Saving Strength Training Solution



## ST8540-Hi5 4X MULTIFUNCTION MACHINE

### OPERATING SYSTEM OPTIONS:

SmartTouch Hi5

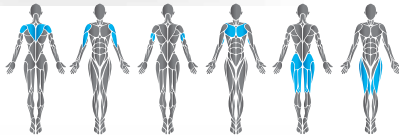
### STANDARD EQUIPMENT FEATURES:

- 34** Multifunction:
  - Dip/Shrug (range limiters & isometric testing)
  - Leg Press (lock mechanisms & isometric testing)
  - Assisted Squat
- 14** Easy access handgrips
- 21** Electrically adjustable seat position

- 47** Foot straps
- 32** Lock mechanism
- 39** Range limiters (with start and end position)
- 29** Isometric testing sensor attachment
- 36** Neck cushion

### EQUIPMENT OPTIONS:

- 23** Floor mount bracket (4256)
- 2** Additional seat cushion (9034)



Width	Length	Height	Weight
100 cm	188 cm	132 cm	154 Kg

## ST8530-Hi5 5X MULTIFUNCTION MACHINE

### OPERATING SYSTEM OPTIONS:

SmartTouch Hi5

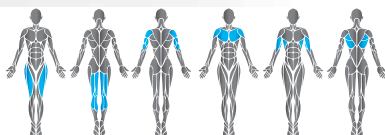
### STANDARD EQUIPMENT FEATURES:

- 34** Multifunction:
  - Chest Press (isometric testing)
  - Leg Extension/Curl (range limiters & isometric testing)
  - Push Up/Pull Down (range limiters & isometric testing)
- 7** Adjustable lever arms
- 35** Multigrip handles
- 31** Leg straps

- 39** Range limiters (with start and end position)
- 29** Isometric testing sensor attachment
- 11** Belt
- 36** Neck cushion

### EQUIPMENT OPTIONS:

- 23** Floor mount bracket (4256)
- 2** Additional seat cushion (9034)



Width	Length	Height	Weight
122 cm	190 cm	184 cm	144 Kg

# HUR Premium Line

For Rehabilitation And Senior Exercise

According to the American College of Sports Medicine (ACSM), strength training is one of the most important element of exercise for men and women over the age of 65. HUR's most developed range - HUR Premium Line - offers world-leading university level equipment that are used for senior exercise and rehabilitation.

## UPPER BODY

**STE5120 - Hi5 PUSH UP/  
PULL DOWN**



Width	Length	Height	Weight
cm 110	cm 150	cm 181	Kg 76

**ST9120-Hi5 PUSH UP/PULL  
DOWN EASY ACCESS**



Width	Length	Height	Weight
cm 113	cm 127	cm 179	Kg 73

**ST5140-Hi5 CHEST  
PRESS**



Width	Length	Height	Weight
cm 119	cm 122	cm 137	Kg 84

**ST9140-Hi5 CHEST  
PRESS EASY ACCESS**



Width	Length	Height	Weight
cm 131	cm 137	cm 105	Kg 84

**STE5160 - Hi5 PEC DECK**



Width	Length	Height	Weight
cm 118	cm 97	cm 132	Kg 72

**ST9160-Hi5 PEC DECK  
EASY ACCESS**



Width	Length	Height	Weight
cm 143	cm 113	cm 138	Kg 82

**STE5175-Hi5 OPTIMAL  
RHOMB**



Width	Length	Height	Weight
cm 106	cm 130	cm 113	Kg 75

**ST9175-Hi5 OPTIMAL  
RHOMB EASY ACCESS**



Width	Length	Height	Weight
cm 110	cm 106	cm 115	Kg 82

**ST9110-Hi5 BICEPS/  
TRICEPS EASY ACCESS**



Width	Length	Height	Weight
cm 127	cm 115	cm 126	Kg 91

**ST9125-Hi5 DIP/SHRUG  
EASY ACCESS**



Width	Length	Height	Weight
cm 107	cm 130	cm 108	Kg 72

**ST9150-Hi5 LAT  
PULL EASY ACCESS**



Width	Length	Height	Weight
cm 116	cm 105	cm 118	Kg 80

## CORE BODY

**STE5310 - Hi5  
ABDOMEN/BACK**



Width	Length	Height	Weight
cm 85	cm 95	cm 130	Kg 68

**ST9310-Hi5 ABDOMEN/  
BACK EASY ACCESS**



Width	Length	Height	Weight
cm 85	cm 128	cm 171	Kg 89

**ST9330-Hi5 TWIST  
EASY ACCESS**



Width	Length	Height	Weight
cm 80	cm 123	cm 126	Kg 63

## LOWER BODY

**ST5510-Hi5 BODY  
EXTENSION**



Width	Length	Height	Weight
cm 112	cm 125	cm 114	Kg 86

**ST5520-Hi5 ADDUCTION/  
ABDUCTION**



Width	Length	Height	Weight
cm 147	cm 123	cm 126	Kg 73

**STE5530 - Hi5 LEG  
EXTENSION/CURL**



Width	Length	Height	Weight
cm 112	cm 160	cm 143	Kg 100

**STE5540 - Hi5 LEG  
PRESS**



Width	Length	Height	Weight
cm 100	cm 170	cm 135	Kg 124



# HUR Active Line

For Active Living

HUR's Active range offers easy to use machines with minimal adjustment points. The unique **Natural Transmission system** provides a safe and effective workout with no damaging stress on joints and connective tissues - the workload is applied specifically to the muscles. Furthermore, the silent machine take up very little space and add another design element to wellness centres, hotels, companies, etc.

## UPPER BODY

STE3110 - Hi5 BICEPS/TRICEPS



Width	Length	Height	Weight
cm 113	cm 100	cm 124	Kg 85

ST3120-Hi5 PUSH UP/PULL DOWN



Width	Length	Height	Weight
cm 110	cm 150	cm 181	Kg 73

STE3125 - Hi5 DIP/SHRUG



Width	Length	Height	Weight
cm 90	cm 98	cm 137	Kg 66

ST3140-Hi5 CHEST PRESS



Width	Length	Height	Weight
cm 113	cm 122	cm 137	Kg 82

STE3160 - Hi5 PEC DECK



Width	Length	Height	Weight
cm 118	cm 97	cm 132	Kg 68

STE3175 - Hi5 OPTIMAL RHOMB



Width	Length	Height	Weight
cm 106	cm 130	cm 113	Kg 75



## CORE BODY

ST3310-Hi5 ABDOMEN/BACK



Width	Length	Height	Weight
cm 79	cm 86	cm 130	Kg 65

STE3320 - Hi5 BACK EXTENSION



Width	Length	Height	Weight
cm 83	cm 108	cm 115	Kg 72

ST3330-Hi5 TWIST



Width	Length	Height	Weight
cm 89	cm 105	cm 126	Kg 59

## LOWER BODY

ST3510-Hi5 BODY EXTENSION



Width	Length	Height	Weight
cm 106	cm 125	cm 114	Kg 85

ST3520-Hi5 ADDUCTION/  
ABDUCTION

Width	Length	Height	Weight
cm 147	cm 123	cm 126	Kg 71

STE3530 - Hi5 LEG EXTENSION/  
CURL

Width	Length	Height	Weight
cm 106	cm 148	cm 137	Kg 93

STE3540 - Hi5 LEG PRESS



Width	Length	Height	Weight
cm 100	cm 170	cm 131	Kg 122

# HUR Pulley



**ST8820-Hi5 WALL MOUNTED** max load 40 kg (per cable 20 kg)

**ST8821-Hi5 FREE STANDING PULLEY** max load 40 kg (per cable 20 kg)

**ST8830-Hi5 WALL MOUNTED** max load 60 kg (per cable 30 kg)

**ST8831-Hi5 FREE STANDING PULLEY** max load 60 kg (per cable 30 kg)

Pulley 2 in 1 and 3 in 1 configurations available as option



## OPERATING SYSTEM OPTIONS:

SmartTouch Hi5

## STANDARD EQUIPMENT FEATURES:

- 3 Hand grip (2 pieces) (8210)
- 2 Leg strap (8211)
- 4 Strap extension (8214)
- 1 Adjustable support handles

## EQUIPMENT OPTIONS:

- 5 Crossover (8805)
- 6 Pulley rowing bench (8206)
- 3 Hand grip (8210)
- 2 Leg strap (includes 8214 Strap extension) (8211)

- 9 Thigh/shoulder strap (includes 8214 Strap extension) (8212)
- 8 Waist strap (includes 8214 Strap extension) (8213)
- 4 Strap extension (8214)
- 10 Tetra glove (8215)
- 7 Gripeeze tube grip left (8216)
- 7 Gripeeze tube grip right (8217)
- 12 Pulley pulldown grip (8220)
- 11 Pulley triceps grip (8221)
- 13 Pulley accessories package (8223)
- 14 Removable Chest support for Pulley (8224)
- 15 Pulley 2 in 1 legs (8202)
- 16 Pulley 3 in 1 legs (8203)

## Wall mounted

Width		Length		Height		Weight	
cm	in	cm	in	cm	in	kg	lb
80	31	90	36	220	86	43	95

## Free Standing

Width		Length		Height		Weight	
cm	in	cm	in	cm	in	kg	lb
137	54	145	57	220	86	78	172

# Standards & Options

## Active & Premium Line

### 1 Additional back support (9033)

The additional back support helps to adjust the exercise position for different sizes of users.



### 2 Additional seat cushion (9034, 9097)

The seat cushion helps to adjust the exercise position for different sizes of users.



### 3 Adjustable back support

Back support can be adjusted for comfortable use.



### 4 Adjustable chest support

Variable height settings for additional comfort and support during exercise.



### 5 Adjustable easy access chair EA9060 (rollaway)

Steady rollaway seat makes it possible to train with Easy Access machines with or without a wheelchair. Steplessly adjustable seat height with gas spring assistance helps to find the correct and safe exercise position.



### 6 Adjustable lever arm (4100)

To make the machine match different sizes of users (Abdomen and Abdomen Back machines).



### 7 Adjustable lever arms (4101)

Adjustable lever arms are used to accommodate different limb lengths (Leg Extension/Curl machines).



### 8 Adjustable seat position

Find the optimal exercise position for different sizes of users, and vary the emphasis on the muscle group that is used.



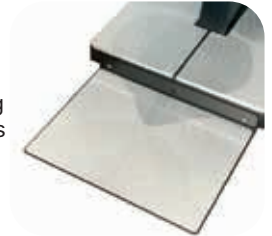
### 9 Adjustable seat height

Helps users to find a correct, safe and effective exercise position.



### 10 Anti-tilt plate (4135)

A floor panel fixed to the front of the machine prevents machine movement and tilting during exercise. It also acts as a stable and non slip platform for the user's feet.



### 11 Belt (9081)

Offers more support especially when the user has balance issues.



### 12 Dual function (left & right)

Dual function equipment allows exercising for both the left and right sides of body for Twist, and Twist Easy Access machines.



### 13 Dual function

Dual function equipment allows users to exercise opposing muscle groups, without changing machines. Exercise is selected by touchscreen (SmartTouch machines).



### 14 Easy access handgrips (4108)

Handgrips improve access into and out of machine.



### 15 Electrically adjustable back support (STE)

The back support is electrically adjusted by touch screen. Only available for SmartTouch machines.



### 16 Release button

Exercise resistance and lever arms can be released quickly to allow users to exit the machine easily. This feature is only on analog machines.

### 17 Electrically adjustable lever arm for Abdomen/Back machines (STE) (4102)

The lever arm is electrically adjusted by touch screen. Only available for SmartTouch machines.



### 18 Electrically adjustable lever arms for Leg Extension /curl machine (STE) (4106)

The lever arms are electrically adjusted by touch screen. Only available for SmartTouch machines.



### 19 Electrically adjustable seat (STE)

The seat height is electrically adjusted by touch screen. Only available for SmartTouch machines.



### 20 Electrically adjustable vertical seat position (STE)

The seat position is electrically adjusted by touch screen. Only available for SmartTouch machines.



### 21 Electrically adjustable seat position for Hi5 4X Multifunction machine

The distance between the seat and lever arms is adjusted by touchscreen.



### 22 Electrically adjustable seat

The seat height is adjusted electrically for easier and safer use (9310 Abdomen/Back Easy Access machine)



### 23 Floor mount bracket (4256)

Equipment can be fixed to the floor.



### 24 Foot rest for upper body machines (4131)

Foot rest assists in stabilization during the exercise, especially for short users.



### 25 Foot support for Abdomen/Back Easy Access machine

Foot support provides stability during the exercise, especially for shorter users.



### 26 Foot support for Back Extension

Foot support provides stability during the exercise, especially for shorter users.



### 27 Handgrips for additional support

Conveniently positioned handgrips assist access and egress.



### 28 Horizontally adjustable lever arms

The width of the lever arms can be adjusted.



### 29 Isometric testing sensor attachment (4254)

Isometric measurements like maximum strength and muscular balance can be measured using a separate Performance Recorder -device (9200).





**30 Knee hyper-extension eliminator (4136)**

Consists of two rollers which can be adjusted to prevent hyper-extension of knees.

**31 Leg straps**

Padded leg straps can be used to stabilize the thighs particularly during leg curl function.

**32 Lock mechanism (4252)**

The lever arm can be locked with a lock mechanism. The lock mechanism also acts as a range limiter to set the desired start (flexion) point for a movement.

**33 Lockable lever arm**

The lever arm can be locked in two different positions to make it easier for the user get into and out of the machine only Twist Easy Access machine.

**34 Multifunction**

Multifunction devices allow the user to work several muscle groups without changing between machines. The desired exercise is selected using a touch screen.

**35 Multigrip handles**

Both horizontal and vertical grips are possible. This feature allows exercises using different grip positions.

**36 Neck cushion (9096)**

Ergonomic cushion for additional support.

**37 Performance Recorder (9200)**

For isometric measurements. Requires the Isometric testing sensor attachment (4254)

**38 Plate for joining levers (4134)**

For use on Leg Press if independent use of limbs is not possible or desirable.

**39 Range limiters (with start & end position) (4252)**

Range limiters can be used to limit the range of motion.

**40 Range limiters (with start position) (4252)**

Range limiters can be used to limit the range of motion.

**41 Release function**

Handles move towards the user for easier reach.

**42 Reversible back support**

Makes it easy for the user to get into and out of the machine.

**43 Reversible roller(s) (4103)**

Reversible roller(s) make(s) it easy to get into and out of the machine.

**44 Transfer wheels (4140)**

Factory option for benches.

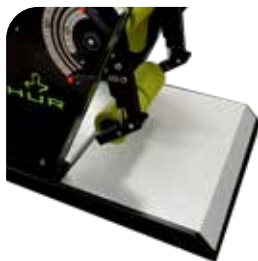
**45 Tube grip glove (8216 & 8217)**

The tube grip glove helps holding grip while exercising. A tube grip glove is a suitable tool for those suffering loss of grip or aching joints etc. Gloves are available in black, for both hands or for a single hand.



**46 Step for Leg Extension/Curl (4257)**

Helps user to enter and exit the machine



**47 Foot straps**

Foot straps are used to fasten the user's feet to the footplate(s)



**48 Steplessly adjustable Back support**

can be adjusted forward steplessly.



**49 Base plate**

Base plate prevents machine movement and tilting during exercise. It also acts as a stable and non slip platform for the user's feet.



**50 Adjustable foot plate**

The foot plate can be adjusted to set a different joint angle for exercise.



**51 Electrically adjustable back support (STE)**

The back support is electrically adjusted by touch screen. Only available for SmartTouch machines.



**52 Large mushroom buttons**

Resistance is adjusted using large push buttons that make adjustment easy and safe.



**53 Release button**

Exercise resistance and lever arms can be released quickly to allow users to exit the machine easily. This feature is only on analog machines.

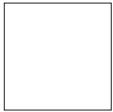
# Colour Options



## FRAME COLOURS

### STANDARD FRAME COLOURS, ALSO FOR PULLEY

White



Grey



Black



### CUSTOM FRAME COLOURS

Custom frame colours available at additional price and longer delivery time.

### EXAMPLES



## CUSHION COLOURS

### STANDARD UPHOLSTERY COLOURS (SKAI PLATA)

05 Black (Schwarz)

06 Blue (Atoll)

07 Green (Agave)

08 Red (Mohn)

09 Lime (Limone)

20 Brown (Rodeo)

65 Beige (Nickel)

106 Light Blue (Light Blue)



### STANDARD UPHOLSTERY DUAL COLOURS

10 Black/Gray

11 Blue/Gray

12 Green/Gray

13 Red/Gray

14 Lime/Gray



### CUSTOM UPHOLSTERY COLOURS

Custom upholstery colours, such as Perle, Orange etc. Please contact us for more information.

Custom upholstery colours available at additional price and longer delivery time.

\* These colour examples do not exactly match the real cushion colours. Please contact info@hur.fi to order a colour map with the precise colour choices.

# BATCA MultiGym System

Exceptional Mechanics, Unmatched Quality And  
Absolute Performance Since 1989



**1 LD - 1 CHEST  
PRESS / PEC FLY**



**2 LD - 2 MID  
ROW / LAT  
PULL-DOWN**



**3 LD - 3 LEG  
PRESS /  
CALF RAISE**



**4 LD - 4 LEG  
EXTENSION /  
SEATED LEG CUR**



**5 LD - 5 AB  
CRUNCH /  
BACK EXTENSION**



**6 LD - 6  
SHOULDER  
PRESS / LOW  
PULLEY**



**7 LD - 7 SEATED  
BICEP CURL /  
TRICEP EXTENSION**



**8 LD - 8 INNER  
THIGH / OUTER  
THIGH**



# Kinesis Personal Heritage Black



Kinesis Personal is the ultimate piece of designer gym furniture for the home and wellness spaces. It allows you to rediscover and improve strength, coordination, flexibility, posture control and breathing control.

Kinesis is a cable-based equipment incorporating weight stacks. It allows for a vast range of movements of all body areas which ensure simultaneous involvement of balance, strength, flexibility and stability. The specific technical characteristics of this product are defined as FullGravity technology, an innovation which provides a load in every spatial plane. It encourages to move freely and enjoyably, facilitating rather than hindering execution and making for natural movement.

## A CONTINUOUS CABLE LOOP SYSTEM

This technology enables a reduction in interference that the cable may have with the body, especially during "push" movements. They adapt automatically to hand position and body type.

## DOUBLE WEIGHT STACKS

Each cable manages one single weight stack, each one thus remaining independent from the other. This solution allows greater freedom in defining the exercises and selecting the most suitable load.

## 3D PULLEY SYSTEM

Kinesis incorporates a 360° rotating pulley system which enables movement on three planes. The system allows the user to move freely without cable interference and provides resistance to all possible body movements.

## INCREMENTAL RESISTANCE

Resistance varies gradually, according to the increase in movement range. Consequently, the actual load is different to the selected load. This feature can be used to vary the resistance during exercising, without changing the set load this type of resistance is comparable to elastic resistance.

## SPEC

Machine weight	365kg (805 lbs)
Max. effective load in the hand	39.5kg for each weight stack

# kBox

## Flywheel Training



kBox, is build on proven and reliable technology and a perfect tool in strength and rehabilitation for upper, lower body and core.

### BENEFITS

#### Variable resistance

The harder you pull, the more force you develop. All the momentum you create in the concentric phase you get back in the eccentric one. Go gentle or go hard, you decide. No weights, no problem.

#### Mobility

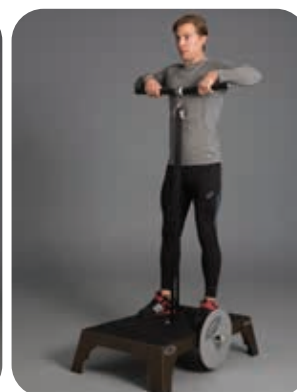
Load it in the car, use it in the field, store it. Just pick up and carry. Easy as that.

#### Eccentric overload in the easiest way possible

Boost your performance, strength and hypertrophy and gain access to all the other benefits of eccentric training validated by science.

#### Economic

A multiexercise device with great durability for a 1/3 of the price of a standard stand-alone single-exercise weightstack machine.



### 1 kBox4 Active

- 1-2 Large Flywheels
- Inertia up to 0.100kgm<sup>2</sup>
- kMeter II Compatible
- 76 x 51cm Footprint
- Weighs 15kg



### 2 kBox4 Lite

- 1-4 Large Flywheels
- Inertia up to 0.200kgm<sup>2</sup>
- kMeter II Feedback System
- 76 x 51cm Footprint
- Weighs 9kg



### 3 kBox4 Pro

- 1-4 Extra Large Flywheels
- Inertia up to 0.280kgm<sup>2</sup>
- kMeter II Feedback System
- 98 x 63 cm Footprint
- Weighs 15.5kg



### 4 kPulley2

- 1-2 Large Flywheels
- Inertia up to 0.140kgm<sup>2</sup>
- kMeter II Feedback System
- Easy to assemble

## kBOX4 Exercises



Squat with harness



Squat with hip belt



Lateral Squat



Goblet Squat



Deadlift



Seated Row



Standing calf press



Side Crunch



Bicep Curl



Tricep Extension



Straight arm lift



Single arm lateral side raises

## kPulley Exercises



Tricep Extension



Tricep Pull Down



Rotator Cuff External Rotation



Single Arm Press



Seated Row



Prone Leg Curl



# Shuttle MiniPress Series

Take The Leg Press To The Patient



## 1 Shuttle MiniPress

2-80 lbs of progressive elastic resistance. Ideal for Skilled Nursing, Home Health, & Crowded Clinic environments.



## 2 Shuttle MiniPress Lite

2-50 lbs of progressive elastic resistance. Ideal for Home Health and In-Patient Rehab environments.

The Shuttle MiniPress is a portable leg press that weighs only 15 lbs and attaches to any chair or wheelchair, eliminating the need for transfers. It can be used while seated, standing, or supine.



## ★ FEATURES

### Wheel Chair Accessible

Attaches easily to any chair or wheelchair using retractable cords, eliminating the need for transfers. Now you can bring the press to the patient.

### Adjustable Footplate

Adjustable from horizontal to 75 degrees for various degrees of flexion. The security strap can be used to keep feet in place.

### Roller Wheels

The lightweight construction of the Shuttle MiniPress makes it easy to move around the clinic using the built in wheels.

### Total Knee Rehabilitation

The perfect choice for your total knee patients. It provides smooth controlled resistance ideal for developing flexion.

### Elasticcord Resistance

MiniPress resistance ranges from 2 to 80 lbs in a 15 lb portable leg press. New finger grip elasticords allow for easy loading.

